



MONDAY NIGHT RACING

16 September 2019

Introduction

Monday Night Racing (MNR) takes place each Monday evening over the summer months, starting the first Monday following Daylight Saving, and concluding when clocks go back in early April. There is a break over the Christmas/January period.



First and foremost, MNR is about enjoying our sport, and getting together with likeminded individuals for some great banter, camaraderie, and plenty of laughs.

But on the road, it's about keeping you safe and providing a fair and enjoyable environment in which to race (and ideally progress!). We don't apologise for having to push home the rules sometimes.

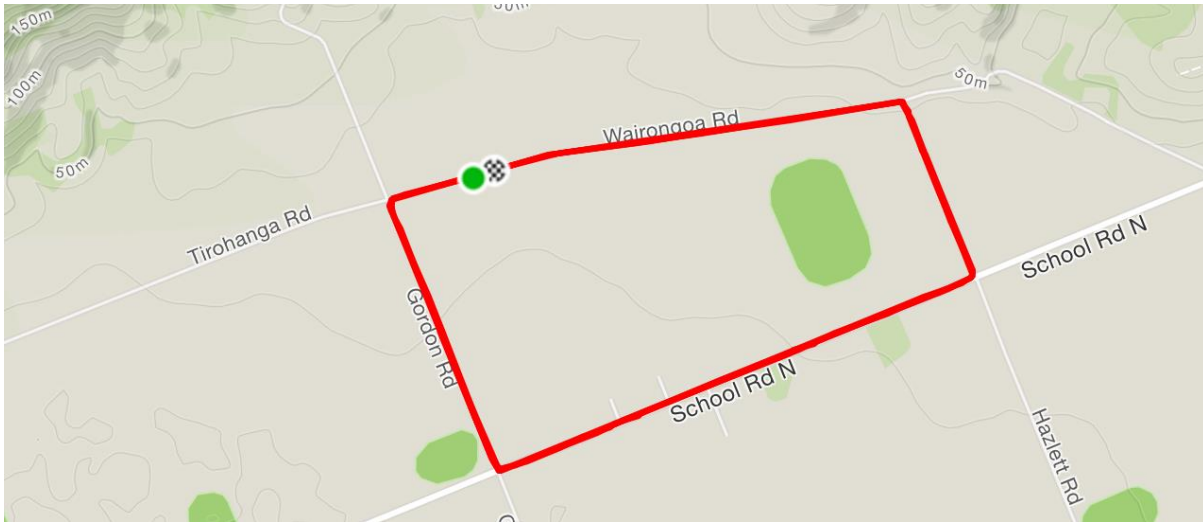
We look forward to welcoming both returning and new riders to the 2019/20 season!

Timing

Season start:	Monday 30 September 2019
5.30pm to 6.00pm:	Sign-in
6.10pm:	Race briefing – all must attend
6.15pm:	Race start (Category 1)
	Categories 2-5 and Juniors start at intervals thereafter

Course

Traditionally MNR takes in the 'Salisbury Block' in the North Taieri area, but from time to time, we extend the distance of the block depending on road conditions, or a desire to 'change things up'.



Distances

- **Cat 1:** 7 laps (37.8km)
- **Cat 2:** 6 laps (32.4km)
- **Cat 3:** 6 laps (32.4km)
- **Cat 4:** 5 laps (27km)
- **Cat 5:** 4 laps (21.6km)
- **Juniors:** Up to three laps depending on age groups (16.2km)
- **Social:** Up to three laps (16.2km)

Ages

MNR is a great series for riders of any age. We have riders join in from age Year 6/7/8, through to folk in their 70s plus. With respect to our youngest juniors, we strongly encourage a parent to accompany their child, as it can occasionally stretch our volunteer resourcing to keep them safe.

Sign-in Location

Riders and spectators are asked to park their vehicles on the grass verge adjacent to the North Taieri Presbyterian Church on Wairongoa Road, and then ride/walk the short distance to the sign-on area. This keeps the finish line area clear of potential hazards.



Registration

Registration takes place online, via <https://www.webscorer.com/cyclingotago> Simply choose the race you wish you enter from the list and follow the prompts.

Cost per Race

- Cycling Otago Members - \$5.00 per race
- Non-Members - \$10 per race
- U17 – Free in Junior grade and Category 5

Membership

As detailed below in our general rule section, the intention of MNR is to provide an opportunity for a wide group of cyclists to join in and benefit from an organised road racing series. We love having newcomers join us at MNR, but we do expect riders to join Cycling Otago within three races.

To join Cycling Otago (through Cycling New Zealand), visit <https://www.cyclingnewzealand.nz/join> and follow the prompts. The licence year opens on 1 October of each year.

Payment

Payment of race fees can be made online in advance (preferred), or on the night in cash:

- Payee: Cycling Otago Inc
- Account: ANZ 01-0906-0005289-00
- Reference: Please include your name and 'MNR'

Race Numbers

Every rider needs to wear a race number during our events. Existing members need to bring their number every week. New riders will be allocated a number when they first race and this number will remain with them during the season (and beyond).



Adverse Weather

MNR goes ahead rain or shine! On the rare occasion a race has been cancelled, it has been only due to course flooding. If in doubt, check for updates on the Cycling Otago Facebook page.

Tips & Tricks

We don't want you to feel daunted by joining in our racing, particularly if you're new to bunch riding, or the sport in general.

Let us know at sign-on if you have any questions and we'll do whatever we can to help; that includes ensuring you are placed in a category that fits your experience and/or fitness.

We sometimes appoint a ride chaperone to the novice grades (ie Category 5 and Social), so you can learn some basic 'race craft' from a more experienced rider.

There is certain etiquette involved in bunch riding/racing, such as:

- Communicate with others in the group if you need to;
- Point out any obstacles or hazards on the road;
- No crossing the centreline under any circumstances;
- Hold your line when in a bunch and don't make any sudden movements (move left, right, or brake suddenly);

- When you're riding in a bunch, you're expected to roll through and take turns at the front. The most frequent complaint we receive occurs when someone 'sits in' and then contests the sprint at the end for a place – don't be one of those riders!
- If you get dropped from your category and jump on one coming from behind, you must not influence their race. Sitting in and doing some work is fine, but you shouldn't contest the sprint;
- In a sprint finish, don't sit up and stop pedalling when others around you are still contesting a place!
- When across the finish line, move off the course as quickly as you can to avoid riders coming from behind (either other finishers, or other bunches coming through).

The Fine Print

- 1 The following are the rules and regulations relating to the Monday Night Racing (MNR) series. Any ambiguities, contradictions or items requiring clarification shall be referred to the Road Committee for consideration and resolution.
- 2 All rules and regulations should be read as a whole.
- 3 All decisions of the Road Committee are full and final.

Specific Information for the Race Series

- 4 As details can change for each series of MNR, they may be defined by the Road Committee at the beginning of each series. Specific information for each series will be provided on the club website and should be referenced in conjunction with these rules.
- 5 The specific information will at a minimum cover the following:
 - a The dates over which the series will be contested, including start and finish dates;
 - b The standard times for sign in, race briefing and race start;
 - c Cost per round for members and non-members;
 - d Details of the race circuit to be used;
 - e The number of rounds that the series will comprise;
 - f The number of rounds that will be counted to calculate final series placings (best of);
 - g The Categories that will be contested during the series of MNR;
 - h The points allocated for completing a race and for placings in each Category;
 - i The laps or race distance for each Category that will run as a part of the MNR series;
 - j When, during the MNR series, the formal competitor performance review by the Road Committee and Category transfer of riders will occur;
 - k Rule amendments relating to that specific series.

Registration for MNR

- 6 Pre-entry allows the recording of important information such as emergency details and updates all competitors of any changes, acknowledgement of the rules and other legal stuff.
 - a The online pre-entry registration form is to be completed by all competitors.
 - b Riders turning up for their first race of the series without pre-entry will be manually signed in for that race only but must complete the online pre-entry form before competing again in any subsequent races.
 - c Current paid up Club members are covered by the Club's public indemnity insurance.
- 7 Non-members: The intention of MNR is to provide an opportunity for a wide group of cyclists to join in and benefit from an organised road racing series.
 - a To handle the insurance implications of non-members, they will be required to register for the MNR series. This will involve providing details, declaring the rider's status as a non-member and their intent to join Cycling Otago if they wish to compete beyond an initial trial period.

- b In the first instance, all non-members should register for MNR online through the Webscorer site.
- c The rules detailed in the pre-entry system clauses apply to non-members. Non-members who initially manually sign in for a race will be required to sign a waiver.
- d Non-members will be expected to join Cycling Otago within three races.

General Details

- 8 Club race numbers: Race numbers are required to allow easy identification of riders during the race and to determine final race placings.
 - a Club members are to bring their allocated club numbers to the race.
 - b Non-members will be allocated a number at their first series sign in.
 - c All riders will be responsible for their own number and must bring them each week.
 - d All riders must ensure their race number is recorded on their registration
 - e Club race numbers must be worn during each race.
- 9 Riders must report to the Race Manager and sign in no later than 15 minutes before race start. Please be punctual.
- 10 All riders must attend the pre-race briefing for course and riding instruction.
- 11 All events are raced under Club and Cycling New Zealand rules, Traffic Management regulations and the directions of the Race Manager.
- 12 Any riders competing in a reckless or dangerous manner to other competitors, the public or themselves may receive warnings and/or be stood down from racing for two weeks. This includes the crossing of the road centre line in an unsafe or dangerous manner. Repeat infringements may result in further consequences.
- 13 No verbal or physically aggressive behaviour to officials, other competitors or the public will be tolerated. See the Race Manager if you experience any concerns.
- 14 When racing, riders who are dropped from their category group may complete the race with another group but must not actively participate/influence the results of that race.

Marshalling

- 15 Each race requires a number of Marshals to fulfil support roles for the event. Cycling Otago will provide STMS set-up and finishing line services.
 - a There is an expectation that Marshal duties will rotate and all competitors will take a turn. An attempt is to run this on a volunteer basis to allow all riders to select when they do Marshal duty to suit their needs.
 - b If there are insufficient volunteers to be marshals, then allocation of duties on the night may occur.
 - c Marshals will gain full points (equivalent to race completion and race first place) for marshalling in a maximum of one race during each series.
 - d Points will be deducted for failure to undertake allocated marshalling duties.

Competitor Categories and Movement

- 16 The competitors entering the race series may be allocated into a structure of Categories by the Race Committee based upon factors such as ability, fitness, skill development and results from previous MNR series and club events. An initial Category ranking may be issued by the first round.
- 17 At the nominated point during each series, there will be a formal review of competitors' performances which may result in riders being moved between Categories. The aim will be to make racing fair but challenging and to provide development opportunities for riders seeking to improve.
 - a Movement between the categories may occur at the discretion of the Road Committee and/or Race Manager.

- b After the review, the aim is to have regular riders fixed in categories, but the Road Committee may continue to move riders at their discretion if it benefits the series, the development of rider skills or for safety reasons.
 - c Movement between Categories can only be by approval of the Road Committee and/or Race Manager.
- 18 Riders moving between categories will take their accumulated points with them.
- 19 To contest for series category winner, riders must contest a minimum number of races in their final series category. For MNR 2019, riders must contest four (of nine) races in their final series category.

Points System

- 20 Points will be awarded at the values nominated in the Specific Information for the Race Series on the Club website. This will include points for each race completed and points awarded for placings of first through to 10th place.
- 21 Riders who DNF the race through a mechanical or injury are awarded points for completion (ten). This does not apply to riders pulling out early for other reasons.
- 22 Riders can re-join the race after mechanicals or incidents and complete the race.
- 23 All riders who DNF the race must let the time keepers know before leaving.

Series Categories Results and Placings

- 24 At the end of the series, final placings will be awarded for category placings.
- 25 To be eligible to contest for series category winner, riders must:
- a Register online for the MNR series
 - b Be a club member (must be confirmed paid members before the end of the series).
 - c Contest a prescribed minimum number of races in the category that they finish the series in (for MNR 2019, this is four rounds).
- 26 All riders will accumulate points for the series but these will only count for the final series standings for eligible riders.
- 27 For riders who are eligible to contest for the series standings, at the end of the series their total points are determined by:
- a The best points earned from the prescribed number of rounds competed in (for MNR 2019 this is seven rounds).
 - b This may include marshalling points within the prescribed "best of" number of rounds.

NB: 'MNR 2019' refers to the first half of the MNR 2019/20 season (ie from 30 September 2019 to the Christmas break).

Queries: cyclingotagocommittee@gmail.com